

# ASK Dr. Evers

## - The Affirmation Doctor

By Dr. Anne Marie Evers

Dear Dr. Evers

I have been single for almost twenty years. When my husband, Donald, ended our marriage with a terse message on my fax machine, I was totally devastated. Do you think there is hope that I, a 56 year-old woman can still find that special Life Partner (Husband)? I always felt and feel like I am a 'married person.' Am I destined to be alone the rest of my life?

I could be what some call a 'workaholic' because that is all I seem to do these days. I am a Financial Tax Consultant with a very successful practice. I am always keeping up with the new tax laws and finding ways and methods to help my clients manage and improve their financial portfolios.

Money or I should say, lack of money is not an issue for me as I make a good living, have some investments and inheritance monies. However, I have no one to spend it on. Donald and I never had children and, being from a different country, my family members live overseas. Both my parents are deceased and sometimes I wonder why I am still here. It did cross my mind that I should check out volunteer opportunities in my city-but so far it is and remains just a thought.

Oh yes, I know I do a good job for my clients and have a great, successful referral program in effect, but this does not seem to be enough for me.

Still, I feel that there is a piece of my life's puzzle that is missing. I go to church, have high morals and I know others can count on me. Can you please help me find the missing piece to my life's puzzle? I want to feel that I am doing my part to make the world a better place for all of us. I will be forever grateful.

~ Maureen, Financial Tax Consultant, Edmonton, Alberta ~

Dear Maureen,

Thank you for finding the courage to reach out for help. I am pleased to know that you already are in touch with your inner self and have discovered your desires and that you really like *married life*. There are others that prefer to be single and wrap themselves up in their careers and that it his or her choice. Every person is different and what is right for you may not be right for that other person. There really are no right or wrong decisions, only the chosen decisions.



**Ask Dr. Evers** is a regular feature in The Violet Ray. Contact Dr. Evers at **1-877-923-3476** or send your questions to: [askdrevers@thevioletray.ca](mailto:askdrevers@thevioletray.ca)

Even if your question does not appear here, Dr. Evers will answer each one in the order in which it is received.

Down to Business

You know the 'What' you want and God, Universal Mind, Creator, Your Higher self or whomever you believe in knows the 'How'. You need to place your order from the Universe. Have you ever thought of sitting down and writing out your **Man Menu**? That is, exactly what you desire in your prospective husband?

Let's do it now-what type of a man do you want physically, mentally and spiritually? Really think about the qualities you wish him to possess, keeping in mind that when ordering up (affirming) for that husband, you need to have similar qualities. Affirmations work within the Law of Attraction, which states that like attracts like, more gathers more, etc. Have you ever considered sharing some of your success monies with others in need, such as single moms and dads, the homeless, those who are striving to help themselves? Give of your time, loving energy and money by volunteering with an organization that you feel a connection with. The way to feel fulfilled and happy is to help others.

Your Master Affirmation To Attract Your Prospective Husband Using the Affirmation Step Process

### STEP ONE

Get a pen and paper. Use pink as that color denotes romantic love. Put hearts surrounding your Master Affirmation. Color wakes up and excites the subconscious mind. Also, make it interesting and exciting so you will look forward to reading it.

### STEP TWO

Select a picture of a man that you would like to attract into your life as a husband. Make it someone you don't know and if you use a picture of a movie star, be certain and write under the picture these words, "Someone that looks like \_\_\_\_\_."

I am sure you have heard it said that a picture is worth a thousand words and when you affix a picture or a sketch of the type of man you desire on the top of your Master Affirmation, this gives your subconscious mind something upon which to focus when doing your Affirmation.

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Access Dr. Evers Interactive column on The Violet Ray's website at [www.thevioletray.ca](http://www.thevioletray.ca)

Ask Dr. Evers continued...

### STEP THREE

Create the following **Master Affirmation**

"I, Maureen, \_\_\_\_\_ deserve and NOW have a loving, lasting, healthy, happy and prosperous marriage with the perfect man for me. (*Of course he will not be perfect, but he will be perfect for you.*) He is \_\_\_\_\_ (here give the physical description you desire), about 6 feet tall, nice looking, has a great build, wonderful smile, bright beautiful eyes, etc.

**Now for the qualities**-He is unattached, kind, loving, generous, healthy and balanced-physically, mentally and spiritually.

He is considerate, good natured, believes in and practices positive thinking, etc. He loves and respects me as I love and respect him. He accepts and loves my family as I accept and love his family. We give each other space to grow.

We do activities together (here write whatever you wish to do, such as hiking, skiing, traveling, visiting, going to plays, shows, etc. We live together and we are happy and fulfilled to the good of all parties concerned. Thank you, thank you, thank you."

*I fully accept*

Signed \_\_\_\_\_ Dated \_\_\_\_\_  
(This is your firm and binding contract with God, Universal Mind, Creator or whomever you believe in).

### STEP FOUR

Read your Master Affirmation over every morning and evening. Step ahead in your mind, several weeks or months and bring in the five senses.

**See** - just the outline of him is fine here;  
**Hear** him saying, "Maureen, I love you;  
**Feel** his arms around you;  
**Smell** some cologne and for  
**Taste** either take a drink of fresh, sparkling water or visualize biting into a juicy apple.

### STEP FIVE

Totally accept and **ACT AS IF** it has already happened and that you actually have that special, happy, loving, healthy marriage-it just hasn't appeared in your reality as yet!

### STEP SIX

Take action. Go places where singles are, accept invitations and be open to meeting new and exciting people, while exercising caution and using your own down-to-earth common sense when making appointments to meet, etc.

Maureen, I am so excited for you because **I KNOW** when you create your Master Affirmation (you only need do it

once, like doing your Last Will and Testament) **YOU ARE ON THE ROAD TO** having and enjoying that great marriage. I believe it because I know and have proven it over and over that Affirmations, When Properly Done, Always Work-sometimes not in our time frame or as we think they should, but they always work!

Happy Marriage Affirming and please let me know when your Affirmation manifests.

With love and Affirmations blessings,  
Dr. Anne Marie Evers.

### MY COMPLETED AFFIRMATION

I am living proof that Affirmations really work! I do them for every part of my life and one of the most important ones was that I attracted my third husband. I started doing my Master Affirmation, as set out above, in late 2004. I became a little discouraged when the end of 2005 came and went and I still had not met him. I thought to myself how can I teach this to others if it is not working for me? Then I remembered what I teach-repetition, repetition, and repletion. So I kept on repeating my Affirmation daily and then, early in 2006, I met Reggie, my third husband. Oh, yes, I have to admit I really had to work at it to keep my faith and belief that this was really happening.

You see the reason it took so long was when I started my Master Affirmation, Reggie was already married. Then, sadly, his wife passed away and later we met. I had ordered up (affirmed) for a husband and also someone to help me in my work, especially in shipping and handling my products, and he is even more than I ever imagined! We were married on June 8th, 2008 in my back yard and I have never been happier! (As I always say "If it can work for me, it can work for anyone-you, you, and all of you!

Do you want the Affirmation Process to work for you? It takes work and effort on your part. Remember the saying, "Effort In, Effort Out?"

Do Affirmations really work? You bet they do!

Just ask Reggie! He is now a firm believer!

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**Reverend Dr. Anne Marie Evers** is an ordained Minister and Doctor of Divinity and Philosophy. She is also a best-selling author of many books on positive thinking, some of which are, *Affirmations Your Passport to Happiness 7th edition*.

She co-authored the best-selling series *Wake Up and Live the Life you Love in Spirit* with Dr. Deepak Chopra and Dr. Wayne Dyer. For more information, please visit Dr. Evers website at [www.annemarieevers.com](http://www.annemarieevers.com)

We invite you to send your questions to Dr. Evers at [askdrevers@thevioletray.ca](mailto:askdrevers@thevioletray.ca) or through her Interactive Column on the Violet Ray Website at [www.thevioletray.ca](http://www.thevioletray.ca)